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Date 20.06.2022

NOTICE

Teaching, non-teaching staff members and students are requested to join the International Yoga Day Common Yoga Protocol (IYD-CYP-2022) event at the sprawling lawns of Hindu College on Tuesday, 21st of June 2022. Those living on campus are encouraged to get their family members too.

- Reporting time at Hindu College main lawn 6:30 am
- Prime Minister's speech from Mysuru 6:45 am to 7:00 am
- The IYD CYP session is from 7:00 am to 8:00 am

Registration via Google Form is mandatory and spots will be provided on a "First-come First-serve" basis. Kindly get your mats/sheets.

Registration link <https://forms.gle/YgcM9hWpxx1e2y9C6>

Note:

1. No participant would be allowed to enter after 6:45 am.
2. Mobiles are to be kept on Silent mode during the IYD-CYP Session.
3. Yoga Mats, Water bottles and sanitizers should be carried by the participants.
4. Participants are required to carry their student IDs.
5. Anyone who is under medication or suffering from chronic health disease are advised to avoid IYD- CYP.
6. People are advised to follow Covid protocol.
7. It is advised to watch the video of International Day of Yoga 2022: Common Yoga Protocol (CYP) in Hindi or English. Available on the official YouTube channel of MDNIY.

Principal