

MENTAL HEALTH SUMMIT 2021– CYBERAWARENESS FOR SELF-CARE

Have you ever faced cyberbullying? Do you know someone who has been cyberstalked? Has the lockdown period made you addicted towards mobile usage? Is this effecting your mental health?

If you are seeking answers to these and many more, then, we invite you to participate in the **VIRTUAL Mental Health SUMMIT 2021 on 10th October 2021, 10.30 am onwards.**

Participants: Everyone across the country.

Competitive entries are invited as slogans, articles, write-ups, drawings, music, song or whichever way you feel you can ***SPEAK YOUR MIND*** advocating the significance of investing in mental health. **CASH PRIZES WILL BE ANNOUNCED DURING SUMMIT:**

Free registration & entries can be shared till ***7th October, 2021*** via Google form link below:

<https://forms.gle/YxXMNyNC6GakzFPE8>